

# RESUSCITATION

## DRSABCD RESPONSE

**DANGER**  
Check for hazards & ensure safety.

### Infants Under 1 Year



**RESPONSE**  
A casualty who is unresponsive and not breathing normally needs urgent resuscitation.

**AIRWAY**  
Open to check breathing.

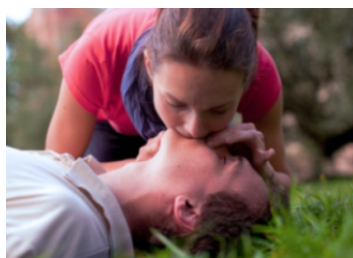
**BREATHING**  
If the casualty is not breathing OR breathing abnormally, start CPR.

**CPR**  
30 Compressions: 2 Breaths.  
(if unwilling or unable to do breaths, consider compressions only).

**DEFIBRILLATE**  
As soon as available, follow the prompts.

**SEND FOR HELP**  
Call the ambulance - 000.

### Adults & Children



**SIGNS & SYMPTOMS**  
Unconscious, not responding, not breathing normally, or not breathing at all.

**CPR DETAILS**

	Adults & Children	Infants Under 1 Year
Open Airway →	Head tilt/chin lift	Neutral head
Press with? →	2 Hands	2 Fingers
How hard? →	1/3 chest depth approx 5 cm	1/3 chest depth approx 4 cm
Breath pressure? →	Full breaths	Puffs
How many? →	30 Compressions : 2 Breaths	
How fast? →	Compressions should be done at the rate of almost 2 per second (continuous rate of 100 - 120 per minute)	

For more information visit: [www.resus.org.au](http://www.resus.org.au)

**CONTINUE CPR / DEFIBRILLATION**  
Until responsiveness or normal breathing returns, or help arrives.

**Ensure Safety for Self and Others**

**Call Triple Zero (000) for an Ambulance**